

African Powerlifting Federation

Record Certificate

This is to certify that

Farzana Botha

Of the nation

South Africa

On the 15th day of June 2025
achieved a Deadlift of 157,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -52kg weight division, Classic Women's Open class.

Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Farzana Botha

Of the nation

South Africa

On the 15th day of June 2025
achieved a Bench Press of 65kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -52kg weight division, Classic Women's Master 1 class.
Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Farzana Botha

Of the nation

South Africa

On the 15th day of June 2025
achieved a Total of 312,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -52kg weight division, Classic Women's Master 1 class.

Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Farzana Botha

Of the nation

South Africa

On the 15th day of June 2025
achieved a Bench Press of 65kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -52kg weight division, Classic Women's Master 1 Bench Press
Only class.

Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Lindiwe Mchunu

Of the nation

South Africa

On the 15th day of June 2025
achieved a Bench Press of 80kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -63kg weight division, Classic Women's Open class.

Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Kristl-Joy Kannemeyer

Of the nation

South Africa

On the 15th day of June 2025
achieved a Bench Press of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -69kg weight division, Classic Women's Master 1 Bench Press
Only class.

Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Kristl-Joy Kannemeyer

Of the nation

South Africa

On the 15th day of June 2025
achieved a Bench Press of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -69kg weight division, Classic Women's Master 1 class.

Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Kristl-Joy Kannemeyer

Of the nation

South Africa

On the 15th day of June 2025
achieved a Deadlift of 160kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -69kg weight division, Classic Women's Master 1 class.

Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Pia Marangoni

Of the nation

South Africa

On the 15th day of June 2025
achieved a Bench Press of 80kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -76kg weight division, Classic Women's Master 1 class.

Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Pia Marangoni

Of the nation

South Africa

On the 15th day of June 2025
achieved a Bench Press of 80kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -76kg weight division, Classic Women's Master 1 Bench Press
Only class.

Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Nicole Cooposamy

Of the nation

South Africa

On the 15th day of June 2025
achieved a Squat of 202,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -84kg weight division, Classic Women's Open class.
Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Nathan Michael-Steyn

Of the nation

South Africa

On the 15th day of June 2025
achieved a Squat of 200kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -66kg weight division, Classic Men's Master 1 class.

Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Nathan Michael-Steyn

Of the nation

South Africa

On the 15th day of June 2025
achieved a Total of 527,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 World Classic Open Powerlifting Championships
in Chemnitz, Germany

This constitutes an African Record
in the -66kg weight division, Classic Men's Master 1 class.

Dated this 15th day of June 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

